

The information provided below serves to guide interested students in obtaining student development opportunities to help you prepare for academic, career, and college opportunities. This is not an exhaustive list, and students are encouraged to research additional opportunities on their own. If you need help, or have any questions about the programs on this document, please see Mrs. Rabb.

Program	Grade Level	Application Deadline	Important Details
<b>North Carolina Governor's School</b>	Juniors  (sophomores only eligible for areas of Dance, Choral Music and Instrumental Music)	November 16, 2018 <i>(Fall 2019 date TBD)</i>	<p><b>Eligibility:</b> To be eligible for nomination, students must meet the achievement criterion as established by the Board of Governors for the North Carolina Governor's School. This means a national percentile score of 92% or above on an approved achievement test OR a state percentile score of 92% or above on an allowable North Carolina End-of-Course (EOC) Test. See the <a href="#">nomination packet</a> for more details on qualifying scores (page 20).</p> <p><b>Program Dates/Location:</b> June 16 - July 24 2019 <i>(2020 dates TBD)</i>; Hosted on High Point University's campus</p> <p><b>Cost:</b> \$500 (covered by UCA)</p> <p><b>Application:</b> Available from Mrs. Rabb</p>
<b>Youth Leadership Montgomery-Montgomery County 4-H</b>	All grade levels; <i>must reside in Montgomery County</i>	October 22, 2018 <i>(Fall 2019 date TBD)</i>	<p><b>Description:</b> Montgomery County 4-H chooses 25 students committed to outside learning opportunities and enhancing their leadership skills. Students participate in required workshops each month from October through May and must complete a community service project on their own.</p> <p><b>Cost:</b> \$50</p> <p><b>Application:</b> Available from Mrs. Rabb</p>
<b>Hugh O'Brian Youth Leadership Seminar (HOBY)</b>	Sophomores	December 1, 2019	<p><b>Description:</b> Students selected for the HOBY leadership seminar spend 3-4 days engaging in leadership development activities, collaborating with students from throughout the state, and exploring leadership from individual, group, and societal perspectives. Only 2 students allowed per high school.</p> <p><b>Program Dates/Location:</b> June 2020 <i>(exact dates TBD)</i>; Hosted on Wake Forest University's campus</p> <p><b>Cost:</b> \$295 for first student, \$395 for second student (all costs covered by UCA)</p> <p><b>Application:</b> If more than 2 students from the sophomore class are interested in the program, UCA staff will require an essay and/or interviews to choose our 2 designees.</p>

Program	Grade Level	Application Deadline	Important Details
<b>Student LIFT (Leadership Information for Tomorrow)</b>	Rising Sophomores and Juniors; Must reside in Randolph County	May 10, 2019 (2020 date TBD)	<p><b>Description:</b> The LIFT program offers twenty-six rising sophomores and juniors who reside in Randolph County the opportunity to learn more about the area and gain valuable leadership skills. LIFT is a highly structured six-month program in which a wide variety of resources, issues, and services will be examined. Participants will interact with business and community leaders and participate in special tours that will offer a “behind the scenes” look into local situations and decisions.</p> <p><b>Program Dates:</b> Six <i>daylong</i> sessions during the course of the school year. The session topics and dates/times are listed on the application.</p> <p><b>Cost:</b> \$50</p> <p><b>Application:</b> Please see Mrs. Rabb for an application (available in March)</p>
<b>UNCG CHANCE Program</b>	Rising high school juniors and seniors		<p><b>Eligibility:</b> Must be Latino/Hispanic and have a cumulative GPA of 2.8 or higher</p> <p><b>Description:</b> CHANCE is a 7-day summer program. During their time on campus, students will participate in college preparation and leadership skills development. These experiences include: Attending mock class (across several disciplines), Mock course registration, Leadership development, Team building activities, Cultural experiences, Sports activities, Civic responsibility</p> <p><b>Program Dates:</b> July 2020 (exact dates TBD)</p> <p><b>Cost:</b> \$65</p> <p><b>Application:</b> Must apply <a href="#">online</a> through UNCG website.</p>
<b>American Legion Auxiliary- Tar Heel Girls’ State or Boys’ State</b>	Juniors	March 10, 2019 (2020 deadline TBD)	<p><b>Description:</b> Tar Heel Girls/Boys State is a week-long practical study of the structure and operation of North Carolina State Government. The program takes a hands-on approach to learning how state and local governments function. Participants develop an understanding of the responsibilities of citizenship by creating and living under their own mock government.</p> <p><b>Eligibility:</b> Participants must be in the top third of their class academically. Preference will be given to children of U. S. military veterans.</p> <p><b>Program Dates/Location:</b> Girls: June 9-15 2019; Boys: June 16-22 2020 dates TBD; Hosted on Catawba College’s campus</p> <p><b>Cost:</b> \$400</p> <p><b>Application:</b> If interested in attending, please see Mrs. Rabb</p>

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<b>North Carolina School of Science and Math- Summer Ventures Program</b>	Sophomores and Juniors	January 15, 2019 (2020 deadline TBD)	<p><b>Description:</b> Chosen participants will spend one month studying and conducting research in a STEM related subject of interest. Participants will stay on one of four college campuses in NC based on their selected subject of study.</p> <p><b>Eligibility:</b> Must be a sophomore or junior with proven academic ability, motivation in STEM fields of study, and emotional maturity.</p> <p><b>Program Dates/Locations:</b> month of July, UNCW, UNCC, ECU, App State</p> <p><b>Cost:</b> \$0; this is a state-funded program; room and board also provided at no cost</p> <p><b>Application:</b> Must apply through NCSSM <a href="#">website</a>; application opens in mid-October</p>
<b>Wake Forest Summer Institute</b>	All grade levels	Must apply by Feb. 28th to be considered for scholarship	<p><b>Description:</b> Week-long, not-for-credit, summer institutes that dive into a particular career pathway or field of study (18 options available) through hands-on learning and behind-the-scenes excursions</p> <p><b>Program Dates/Location:</b> Various dates in June and July; Wake Forest University</p> <p><b>Cost:</b> \$2,350-\$2,600; scholarships are available</p> <p><b>Application:</b> Must apply through WFU <a href="#">website</a>; application opens November 1</p>
<b>YMCA Health Care Explorers Summer Program</b>	All grade levels	April 5, 2019 (2020 deadline TBD)	<p><b>Description:</b> The YMCA Health Care Explorers Summer Program of Wake Forest School of Medicine chooses 20-25 students annually to participate in a week-long program to explore a variety of health careers. Activities include 20 to 25 hours of presentations, tours, observations and educational experiences.</p> <p><b>Program Dates:</b> June 24-28, 2019</p> <p><b>Application:</b> Must apply <a href="#">online</a>.</p>
<b>Governor's Page Program</b>	Applicants must be between 16 and 18 years old	Applications are accepted on a rolling basis until the program is full.	<p><b>Description:</b> The Governor's Page Program offers students an in-depth view of state government. During the week, Pages will be assigned to assist staff in the Governor's Office. Pages will tour multiple government buildings and historic sites during their stay including the Legislative Building, the State Capitol, the Executive Mansion, and the North Carolina Museum of History. Finally, Pages will have the opportunity to meet with government officials and discuss how state government works and how it impacts the lives of North Carolinians.</p> <p><b>Program Dates:</b> Dates available throughout the entire school year. See their website for more details.</p> <p><b>Application:</b> Must apply <a href="#">online</a>.</p>

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<b>North Carolina Senate Page Program</b>	All grade levels	Applications are accepted on a rolling basis until the program is full.	<p><b>Description:</b> This program offers young men and women the opportunity to learn about and participate in the legislative process of our state. It is a week-long experience that allows high school students to observe firsthand how our laws are made. It provides them the unique privilege of working on the Senate Chamber floor in the midst of legislative action.</p> <p><b>Eligibility:</b> Applicants must be sponsored by a member of the North Carolina Senate</p> <p><b>Program Dates:</b> Dates available throughout the entire school year. See their website for more details.</p> <p><b>Application:</b> Must apply <a href="#">online</a>.</p>
<b>North Carolina House Page Program</b>	All grade levels	Applications are accepted on a rolling basis until the program is full.	<p><b>Description:</b> This program offers young men and women the opportunity to learn about, and participate in, the legislative process of our state. It is a four day long experience in which students participate in daily sessions, committee meetings, and perform other duties including, but not limited to, delivering messages and materials within the legislative complex, answering phones in Representatives' offices, and passing out documents or running errands in the House Chamber during daily sessions.</p> <p><b>Eligibility:</b> Applicants must be sponsored by a member of the North Carolina House of Representatives.</p> <p><b>Program Dates:</b> Dates available throughout the entire school year. See their website for more details.</p> <p><b>Application:</b> Must apply <a href="#">online</a>.</p>